

Dancing with Demons*

Series, 2022

By Ana Priscila Rodriguez

*Longlisted in the BBA International Awards in Berlin, 2023

Dancing with demons depicts the dynamics between us and our internal “demons”. We encounter triggers in our every-day life that could detonate the encounter with these internal entities. We all at some point have gone to that dark place to find these creatures. Such encounters, far from being a fight, are a carefully built dance with that substantial part of our being. Our demons are here to stay and to teach us sides about ourselves that we need to face, change or let lose in order to achieve a higher level of inspiration and insight about who we are. The dance is not always harmonic, neither easy and it can be at times painful but at the end of every dance there is a sense of truce and a sense of self surrendering to our dark sides who helped shape us into our very best version of our humanity.